

# The 2019 WRJ Incubator Grants supported the following programs:

## Sisters World of Work EXPO Beth Tikvah Sisterhood, Hoffman Estates, Illinois

This program will offer the women of Beth Tikvah Sisterhood an opportunity for professional growth, blossoming confidence and increased financial independence through a forum with Beth Tikvah Sisterhood members who are independent entrepreneurs, artists, or business, medical or other professionals and display either wares or professional materials. It will be open to the community to attend the EXPO and connect with Beth Tikvah entrepreneurs and professionals.

## Wellness Fund Women of Temple Beth Emeth, Ann Arbor, Michigan

This program aims to help participants become more aware of – and better able to respond to—suicide prevention and response. The program will bring speakers and panels to help participants in identifying warning signs, how to comfort the bereaved, and where to find further support resources. These will be professionals from national and Michigan sources as well as local mental health practitioners, some of whom are congregants who have volunteered their services.

### Personal Violence Partners Women of Am Echad, Lynbrook, NY

This program is seeking to raise awareness of personal and partner violence, and let the community know that help is available. The program's goal is to help eliminate the scourge of such violence and alleviate the stigma associated with it. Recognizing that personal and partner violence knows no boundaries, it will be reaching out to local houses of worship and planning an interfaith brunch with speakers on these topics and will install informational placards with emergency contact information in bathroom stalls, to be provided at no cost to fellow houses of worship.

### Chanukah Chesed, Sharing the Light Sisterhood of Temple Israel, Staten Island, NY

The main component of this program is the creation of a giant, record-breaking mural mosaic using multi-colored chocolate chanukah gelt coins with the help of the entire temple community. The mural will be kept on display at Temple Israel from before Chanukah through the entire holiday season for the entire Staten Island Community to admire it.

#### "Journey to Tikkun: Healing Yourself, Healing Others, Healing Our World" Temple Sinai Sisterhood, Houston, TX

This weekend program will take participants on a journey to tikkun—repair/healing over the weekend of Shavuot, June 7-9, 2019. The weekend program will be a joint venture that will bridge and strengthen two communities, Temple Sinai and Emmanuel Episcopal Church, by creating a shared prayer experience, to create and plan social justice programming together. Each of these activities have one goal: to create a space that engenders safety, open sharing, vulnerability, and eventually the ability to speak our own truths.

#### Recipes from the Holocaust Life! Women of Fairmount Temple (WFT), Beachwood, Ohio

The purpose of this program is to bring recipes from The Holocaust to Life! By cooking and eating the treasured family recipes of Jewish women in the Holocaust, they will remember and bring their recipes and memories to life. The day of each event, groups will cook together to prepare lunch. While the food is cooking there will be sharing about The Holocaust and the specific recipes. Women from local Jewish Independent living and assisted living facilities will be invited to arrive early enough to share in the discussion and have the prepared luncheon.